



November 2020

St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey/Cheese Deli Sub WG Bun Green Beans Cole Slaw Diced Pears Low Fat Milk	3 French Toast with Syrup Cup **Sausage Patty Baked Deli Roasters Steamed Carrots Orange Juice Low Fat Milk	4 Cheese Round Pizza **Pinto Beans Steamed Corn Applesauce Low Fat Milk	5 Spaghetti/Meatsauce WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	6 Chicken Strips WG Roll WG Goldfish Crackers Garlic Broccoli Cauliflower Juice Box Low Fat Milk
9 Chicken Patty/WG Bun Steamed Corn Steamed Carrots Diced Pears Low Fat Milk	10 Hamburger/WG Bun Baked Tater Tots Sliced Pickles Green Beans Applesauce Low Fat Milk	11 Veteran's Day No School	12 Gilardi Breadsticks w/Marinara Sauce Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	13 Popcorn Chicken WG Roll Mixed Vegetables Garlic Broccoli Apple Slices Low Fat Milk
16 Chicken Drumstick WG Roll Steamed Carrots Deli Roasted Potatoes Diced Pears Low Fat Milk	17 French Bread Cheese Pizza Tossed Salad with FF Ranch Dressing Mixed Vegetables Applesauce Low Fat Milk	18 Mini Corndogs Baked Beans Celery Sticks Oranges Low Fat Milk	19 Walking Taco WG Chips/Meat/Cheese Steamed Corn Green Beans Diced Peaches Low Fat Milk	20 Chicken Nuggets WG Roll Garlic Broccoli Carrot Sticks/Dip Frozen Sidekicks Low Fat Milk
23 Sliced Turkey WG Roll Mashed Potato/Gravy Green Beans Diced Pears Low Fat Milk	24 French Toast with Syrup Cup **Sausage Patty Baked Deli Roasters Steamed Carrots Orange Juice Low Fat Milk	25 No School	26 Thanksgiving Day No School	27 No School
30 Chicken Patty/WG Bun Steamed Corn Steamed Carrots Diced Pears Low Fat Milk				

NOTES

Lunches are now free for all students through the end of the school year.

Extra Milk .45¢

Assorted low fat milk available daily with lunch

Type A Lunch must choose **at least 3** of 5 options (one of which has to be a fruit or vegetable): Entree', Bread/Grain, Fruit, Vegetable, Variety of Milk

*******Be sure and have your free/reduced applications and sharing forms filled out and processed as soon as possible.*******

No Second Choice

WG = Whole Grain

****Denotes Pork Product**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.