



November 2020

St. Bernard & Elmwood Elementary K-6 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Roll Strawberry Cup Fruit Juice Low Fat Milk	3 Crumb Cake Peach Cup Orange Juice Low Fat Milk	4 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	5 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	6 Muffin Yogurt Craisins Orange Juice Low Fat Milk
9 Nutrigrain Bar Variety Cereal Strawberry Cup Orange Juice Low Fat Milk	10 Crumb Cake Peach Cup Orange Juice Low Fat Milk	11 Veteran's Day No School	12 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	13 WG Rice Krispie Honey Graham Craisins Orange Juice Low Fat Milk
16 Cinnamon Roll Strawberry Cup Fruit Juice Low Fat Milk	17 Crumb Cake Peach Cup Orange Juice Low Fat Milk	18 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	19 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	20 Muffin Yogurt Craisins Orange Juice Low Fat Milk
23 Nutrigrain Bar Variety Cereal Strawberry Cup Orange Juice Low Fat Milk	24 Crumb Cake Peach Cup Orange Juice Low Fat Milk	25 No School	26 Thanksgiving Day No School	27 No School
30 Cinnamon Roll Strawberry Cup Fruit Juice Low Fat Milk				

NEWS

Breakfast will now be free for all students thru the end of the school year.

Extra Milk .45¢

Assorted low fat milk available daily with breakfast

Students must take at least 3 of the items offered. (1 must be a juice and/or fruit) with 2 grains or grain and meat/meat alternate and milk

*******Be sure and have your free/reduced applications filled out and processed as soon as possible*******

Second Choice

Crunchmania Cinnamon Bun Snacks
Fruit Juice
Fruit
Low Fat Milk

All Grains are Whole Grain
or
Whole Grain Rich

****Denotes Pork**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER