



November 2020

St. Bernard-Elmwood Place 7th - 8th Grade Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Three Way Chili/Cheese WG Spaghetti/WG Crackers Hamburger/WG Bun Hot Vegetable: Cauliflower	3 WG French Toast w/**Sausage Patty WG French Bread Pizza Hot Vegetable: Steamed Carrots	4 Hamburger/WG Bun Chicken Patty/WG Bun Hot Vegetable: **Pinto Beans Steamed Corn	5 Spaghetti/Meatsauce WG Breadstick WG Big Daddy's Pizza Beef Rib Patty/WG Bun Hot Vegetable: Northwest Blend	6 Chicken Strips w/WG Roll WG Chicken Egg Rolls Hot Vegetable: Garlic Broccoli
9 Hamburger/WG Bun Chicken Patty/WG Bun Hot Vegetable: Curly Fries	10 Orange Chicken w/Fried Rice & WG Roll Hot Vegetable: Northwest Blend	11 Veteran's Day No School	12 WG Cheese Breadsticks w/Marinara Sauce Buffalo Chicken Stuffer WG Big Daddy's Pizza Hot Vegetable: Green Beans	13 Chicken Bites w/WG Pretzel Bites WG Chicken Egg Rolls Hot Vegetable: Spinach Steamed Corn
16 Cheese Coney/WG Bun Chicken Patty/WG Bun Hot Vegetable: Seasoned Mashed Potatoes	17 Chicken Fajita Meat/Cheese WG Soft Shell/Brown Rice Cheeseburger/WG Bun Hot Vegetable: Mixed Vegetables	18 WG Mini Corndogs Spicy Chicken Patty/WG Bun Hot Vegetable: Baked Beans	19 Walking Taco WG Chips/Meat/Cheese WG Big Daddy's Pizza Hot Vegetable: Green Beans	20 Chicken Nuggets w/WG Roll WG Chicken Egg Rolls Hot Vegetable: Garlic Broccoli
23 Sliced Turkey/WG Roll Hamburger/WG Bun Hot Vegetable: Mashed Potatoes/Gravy	24 WG French Toast w/**Sausage Patty WG French Bread Pizza Hot Vegetable: Steamed Carrots	25 No School	26 Thanksgiving Day No School	27 No School
30 Hamburger/WG Bun Chicken Patty/WG Bun Hot Vegetable: Curly Fries				

Lunches are now free for all students through the end of the school year.

Extra Milk .45¢

Assorted fruits, juices, cold and hot vegetables and low fat milk are available daily with lunch

Daily Entrees:
Deli Turkey Sandwich (WG)
Cheese Sandwich (WG)
*Pizza(WG)
Chef Salad//Rolls (WG)

Type A Lunch must choose at least 3 of 5 components (one of which has to be a fruit or vegetable):
Entree', Bread/ Grain, Fruit, Vegetable, Variety of Milk

Be sure and have your free/reduced applications and sharing forms filled out and processed as soon as possible.

WG = Whole Grain
*May Contain Pork Products
**Denotes Pork Product

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.