



December 2020

St. Bernard & Elmwood Elementary K-6 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Crumb Cake Peach Cup Orange Juice Low Fat Milk	2 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	3 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	4 Muffin Yogurt Craisins Orange Juice Low Fat Milk
7 Nutrigrain Bar Variety Cereal Strawberry Cup Orange Juice Low Fat Milk	8 Crumb Cake Peach Cup Orange Juice Low Fat Milk	9 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	10 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	11 WG Rice Krispie Honey Graham Craisins Orange Juice Low Fat Milk
14 Cinnamon Roll Strawberry Cup Fruit Juice Low Fat Milk	15 Crumb Cake Peach Cup Orange Juice Low Fat Milk	16 Poptart Graham Crackers Mixed Fruit Cup Orange Juice Low Fat Milk	17 Variety Cereal Toast Applesauce Cup Orange Juice Low Fat Milk	18 Staff Inservice No Students
21 No School	22 No School	23 No School	24 No School	25 Christmas Day No School
28 No School	29 No School	30 No School	31 No School	

NEWS

Breakfast will now be free for all students thru the end of the school year.

Extra Milk .45¢

Assorted low fat milk available daily with breakfast

Students must take at least 3 of the items offered. (1 must be a juice and/or fruit) with 2 grains or grain and meat/meat alternate and milk

Be sure and have your free/reduced applications and sharing forms filled out and processed as soon as possible to determine if you qualify for fee waivers.

Second Choice

Crunchmania Cinnamon Bun Snacks
Fruit Juice
Fruit
Low Fat Milk

All Grains are Whole Grain
or
Whole Grain Rich

****Denotes Pork**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER